

January 2012
Vol. 13, Issue 1

The Library Page

Demmer Memorial Library, Three Lakes, Wisconsin 54562

January 2012

Knowledge.
Inspiration.
Connection.
Find it @ the Demmer

Hours

Monday 9 – 8
Tuesday 9 -5
Wednesday 9 – 8
Thursday 9 – 5
Friday 9 – 5
Saturday 9 – 2

Contact

Phone: 546-3391
Fax: 546-2930
www.demmerlibrary.org

In this issue:

Booking Ahead	2
A Bookworm's View	2
Books-the-Other-Channel	3
Run to the Library	4
Exercise Your Brain	4
Online Resources	5
What's New for 2012	6
Blood Donor Month	7
Program Preview	7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Story Hour 9:30 a.m.	4 Story Hour 8:30 a.m.	5	6	7
8	9 Friends of the Library Meeting 12:30 a.m.	10 Story Hour 9:30 a.m.	11 Story Hour 8:30 a.m.	12	13	14
15	16	17 Story Hour 9:30 a.m. Library Limo Orchard Estates 10:30 a.m.	18 Story Hour 8:30 a.m.	19	20	21
22	23	24 Story Hour 9:30 a.m. BTOC 6:30 p.m.	25 Story Hour 8:30 a.m.	26	27	28 Book Sale 9:00 a.m - noon
29	30	31 Story Hour 9:30 a.m.				

Recycle Your Christmas Cards

The Story Hour program is collecting old, new, and used Christmas cards for use in various art projects. If you would like to donate your Christmas cards please bring them to the library. Thank you for your support of our Story Hour Program.

Booking Ahead

High Interest Titles to **Warm** Up Your **Cool** Winter Nights!

Put Your Name on the List Today!

All Necessary Force by Brad Taylor

Catch Me by Lisa Gardner

Celebrity in Death by J.D. Robb

The Garden Intrigue by Lauren Willig

Private: #1 Suspect by James Patterson

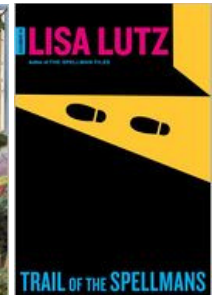
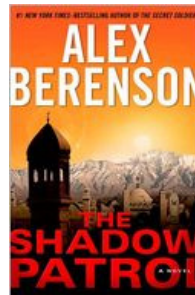
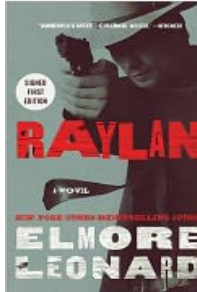
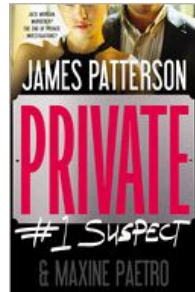
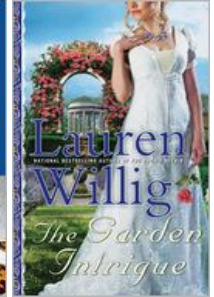
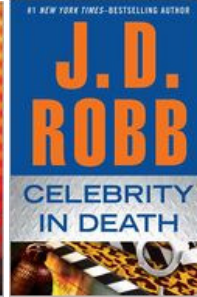
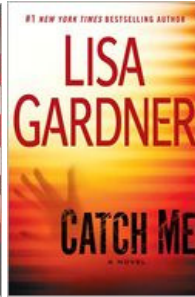
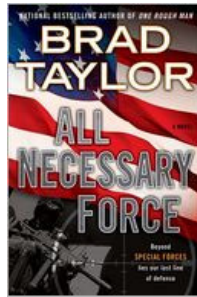
Raylan by Elmore Leonard

Robert Ludlum's The Janson Command by Paul Garrison

The Shadow Patrol by Alex Berenson

Sonoma Rose by Jennifer Chiaverini

Trail of the Spellmans by Lisa Lutz

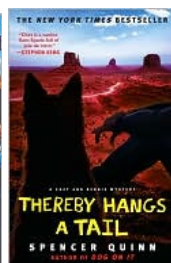


A Bookworm's View

Chet & Bernie Series by Spencer Quinn



These delightful, fun tales are all written from Chet's point of view. Chet is Bernie's dog and partner in crime solving. He is a loveable, sort-of-smart animal who flunked K-9 cop training but adores Bernie. The two get in some pretty tight spots but manage to solve the mystery. Fast, entertaining reads.



BOOKS – THE OTHER CHANNEL

Reading List January 2012 – September 2012

The Hunger Games by Suzanne Collins - 01/24/12

Cutting for Stone by Abraham Verghese - 02/28/12

The Bird Sisters by Rebecca Rasmussen - 03/27/12

A Farewell to Arms by Ernest Hemingway - 04/24/12

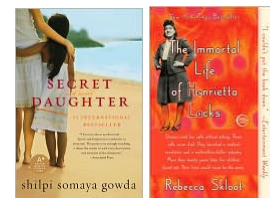
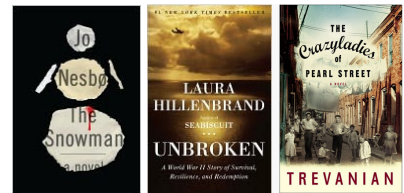
The Snowman by Jo Nesbo - 05/22/12

Unbroken by Laura Hillenbrand - 06/26/12

The Crazy Ladies of Peart Street by Trevanian - 07/24/12

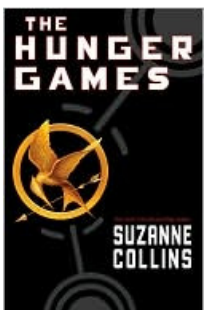
Secret Daughter: a novel by Shilpi Somaya Gowda - 08/28/12

The Immortal Life of Henrietta Lacks by Rebecca Skloot - 09/25/12



The ***Books-the-Other Channel*** book discussion group book discussion group meets on the fourth Tuesday of every month at 6:30 p.m. in the lower level of the Demmer Library. For more information please call the Library at 715-546-3391.

BOOKS – THE OTHER CHANNEL



The ***Books-the-Other Channel*** book discussion group will discuss *The Hunger Games* by *Suzanne Collins* on Tuesday, January 24, 2011 at 6:30 p.m. in the lower level of the library.

Library Staff Members

Janet Dixon – Director
 Nancy Brewster – Assistant Director
 Stacey Orr – Adult Services Librarian
 Charlotte Horant – Youth Services Librarian
 Carolyn Eaglesham – Outreach Coordinator



*Discover the
 Little joys of Libraries!*



TO THE LIBRARY...

CHECK-OUT A FITNESS DVD!

Yoga Meltdown. Levels 1 & 2 Workouts – DVD 856 Exercise

Jane Fonda Prime Time. Fit & Strong – DVD 942 Exercise

Jane Fonda Prime Time. Walkout – DVD 943 Exercise

Losing It & Keeping Fit! – DVD 830 Exercise

Total Body Makeover with Bob Greene – DVD 807 Exercise

Get Fit Daily Dozen with Denise Austin – DVD 675 Exercise

Gilad. 15 Targeted Express Workouts – DVD 831 Exercise

Zumba Fitness Kit – DVD Exercise



Exercise Your Brain – READ!

Type 2 Diabetes For Beginners: a Clear, Friendly Guide on Taking the Right Steps Toward a Healthy Life With Diabetes by Phyllis Barrier

Change Your Brain, Change Your Body : Use Your Brain to Get & Keep the Body You Have Always Wanted by Daniel G. Amen

Toxic Free: How to Protect Your Health & Home From the Chemicals That Are Making You Sick by Debra L. Dadd

The Life You Want : Get Motivated, Lose Weight, and Be Happy by Bob Greene

The People's Pharmacy Quick & Handy Home Remedies by Joe Graedon

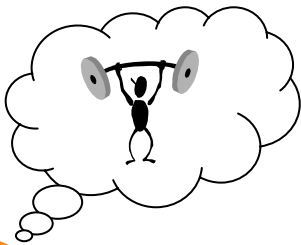
Walk Strong, Look Up: The Most Powerful Exercise for Your Body & Soul by Chantel Hobbs

Mayo Clinic Family Health Book edited by Scott Litin

Gluten-Free Made Simple: Easy Everyday Meals That Everyone Can Enjoy by Carol F. Dahlstrom

Live a Little! Breaking the Rules Won't Break Your Health by Susan M. Love

Doctor Chopra Says: Medical Facts & Myths Everyone Should Know by Sanjiv Chopra



Online Resources @ www.demmerlibrary.org

The start of a New Year is often the time when people decide to make changes to diet or fitness routine as a part of a New Year's resolution. The Demmer Library offers a variety of free online resources which can be viewed from the library webpage at www.demmerlibrary.org. On the left hand column under the heading "Online Resources" you may select "Health and Wellness" to be directed to the MedlinePlus website.

MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends. Produced by the National Library of Medicine, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free.

You can use MedlinePlus to learn about the latest treatments, look up information on a drug or supplement, find out the meanings of words, or view medical videos or illustrations. You can also get links to the latest medical research on your topic or find out about clinical trials on a disease or condition.



Check-Out Our Health & Fitness Magazines to Get You On the Right Track!



Silent Sports

Men's Health

Sports Illustrated Kids



Sports Illustrated

Prevention

Ride BMX



Best Books of 2011 (as selected by the editors of Book Page)

State of Wonder by Ann Patchett

The Swerve by Stephen Greenblatt

The Marriage Plot by Jeffrey Eugenides

Caleb's Crossing by Geraldine Brooks

The Art of Fielding by Chad Harbach

The Tiger's Wife by Tea Obreht

Swamplandia! by Karen Russell

Bossypants by Tina Fey

The Leftovers by Tom Perrotta

Blue Nights by Joan Didion

Townie by Andre Dubus III

Life Itself by Roger Ebert

What It Is Like To Go To War by Karl Marlantes

When She Woke by Hillary Jordan

In the Garden of Beasts by Erik Larson

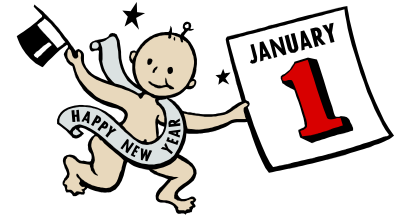
Zone One by Colson Whitehead

Rin Tin Tin by Susan Orlean

The Night Circus by Erin Morgenstern



What's New for 2012



2012 DVD 838 FF

Nostradamus: 2012 DVD 1067 DOC

Quicken 2012: the Official Guide by Bobbi Sandberg 005.369 SAN

2012 and the End of the World: the Western Roots of the Maya Apocalypse by Matthew Restall 236 RES

Handbook of U.S. Coins 2012 by R.S. Yeoman 737.4 YEO

Consumer Reports Buying Guide 2012

Guinness World Records 2012 edited by Craig Glenday YA 032 GUI

College Board: Getting Financial Aid, 2012 YA 378.3 COL

College Handbook 2012 YA 378.73 COL

Fiske Guide to College, 2012 by Edward B. Fiske YA 378.76 FIS

A HAPPY
NEW YEAR

Websites to Check-Out!!

<http://www.rememberthemilk.com/> Manage your tasks online, by phone or e-mail

<http://www.wolframalpha.com> A computational knowledge engine

<http://www.wordle.net> A word cloud generator

<http://www.aviary.com/> A suite of creative design and editing tools

<http://www.lulu.com> An online self-publishing service

<http://www.doodle.com/> A free online scheduling tool

<http://pinterest.com/> An online pinboard to organize and share the things you love

<http://audacity.sourceforge.net/> A free, open source software for recording and editing sounds

<http://www.academicearth.org> A website which offers free access to video courses and academic lectures from leading colleges and universities

<http://download.cnet.com/> A website with top freeware downloads for antivirus, anti-malware and more



January is National Blood Donor Month

Give Blood

Every minute of every day, someone needs blood. That blood can only come from a volunteer donor, a person like you who makes the choice to donate. There is no substitute for your donation.

When you make a blood donation, you join a very select group. Currently only 3 out of every 100 people in America donate blood.

From its beginning, the American Red Cross has formed a community of service, of generous, strong and decent people bound by beliefs beyond themselves. The American Red Cross blood donor embodies this principle. Please join us in our mission to maintain a safe and stable blood supply by making your appointment to donate blood today.

To find out where you can donate, visit www.redcrossblood.org/ or call 1-800-RED CROSS (1-800-733 2767).

Want to know if you're able to give blood?

Blood Donors Must:

- **Be healthy***
- **Be at least 17 years old in most states**, or 16 years old with parental consent if allowed by state law.
- **Weigh at least 110 lbs.**

Additional weight requirements apply for donors 18 years old and younger and all high school donors.

** Note: Healthy means that you feel well and can perform normal activities. If you have a chronic condition such as diabetes, healthy also means that you are being treated and the condition is under control.*



Three Lakes Community Blood Drive

Jan 12, 12:00 PM - 5:15 PM

Three Lakes Jr./Sr. High

6930 West School St

Program Preview!

April 9th -14th, 2012 – National Library Week – *Frederic Remington* Exhibit!!! Chili-Cook off Contest!!! And Much More!!

April 25th – Aquatic Invasive Species Program presented by Michelle Sadduskas of UW-Extension

May 2nd – Matters of Life and Death Expo at TLCAN

May 9th – Who Gets Grandma's Yellow Pie Plate? presented by Erica Brewster of UW-Extension

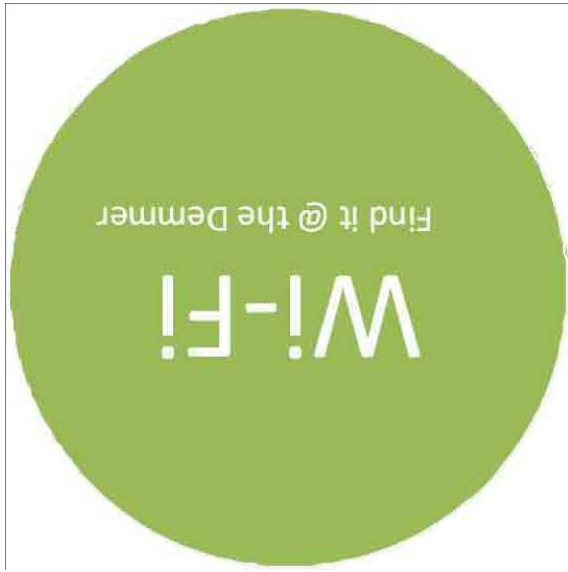
June 27th – Nature Program presented by Trees For Tomorrow

July 25th – Nature Program presented by Trees For Tomorrow

August 10th – Sam Campbell Program presented by Steve Yahr

August 22nd – Nature Program presented by Trees For Tomorrow at TLCAN





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Every tax dollar we spend for library services pays us back an average of four dollars in economic benefits to our communities. Yet funding is in jeopardy. Book over to WisconsinLibraries.org to learn how you can help. It's pay back time.

SUPPORT Wisconsin Libraries
Keep Us All In A Better State

It's the card that pays us all back!

YOUR LIBRARY

James & Julie

Demmer Memorial Library

P.O. Box 760
6961 W. School Street
Three Lakes, WI 54562

